



This offer is supported by the Federal Foundation for Early Intervention (Bundesstiftung Frühe Hilfen) and is absolutely free of charge for you!

What is early intervention?

- It is locally and regionally coordinated support services for parents and children from the beginning of pregnancy and in the first years of the child's life.
- These aim to improve the development of children and parents in the family and society at an early stage and in a sustainable way.
- They offer support in everyday life and promote the relationship and parenting skills of mothers and fathers.
- They contribute significantly to the healthy upbringing of children and ensure their rights to protection and support.
- They help to ensure that risks to the child's well-being and development are identified and reduced at an early stage.

Your contact

District of Viersen

Nina Becker

Netzwerkkoordination Frühe Hilfen

Rathausmarkt 3, 41747 Viersen

Telephone: 02162 39-1869

Email: nina.becker@kreis-viersen.de

Please do not hesitate to get in touch!

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FAMILY HEALTH AND PAEDIATRIC NURSE

SUPPORT AND ADVICE
FOR PARENTS AND
CHILDREN

A new phase of life begins.

The first years are crucial for your child's development, so you want to do everything right. It's okay if you feel unable to cope at times – we are here to support you!

You have many questions – that is quite natural.

- I want my child to grow up healthy – what can I do to ensure this?
- My child is sick – how can I manage?
- My child won't stop crying – soon we won't have any strength left.
- Sometimes I don't know what's wrong with my baby – how can I understand him/her better?
- My child is not feeding properly – what am I doing wrong?
- My child is awake all night – we aren't getting enough sleep.
- My child is aggressive – I don't understand why.
- Where can I find a suitable playgroup for me and my child?
- I don't know how to manage everything on my own – where can I find support?
- I don't have enough money – what can I do?

Are you looking for answers?



- I just had a baby and I should be happy, but I'm not. What's wrong with me?
- I am still so young. Can I cope with having a child?
- I have an addiction problem and need help for myself and my child.
- I am experiencing conflict and violence in my family. Who will help me?
- Why do I so often think that I'm doing everything wrong?

We are by your side!



For all the questions already mentioned, but also for other topics related to your child that concern you – especially when prompt advice is required.

If necessary, we will refer you to the appropriate support services that you require.

We coordinate family health and paediatric nurses who are available to assist you and can also visit you at home. A telephone consultation is also possible.

We are here for you!

Have a look at the Family Guide in our online portal. Here you will find offers and support for families throughout the District of Viersen:

www.familienwegweiser-kreisviersen.de